



uyen somatic embodiment mindfulness yoga meditation  
the practice of attention, concentration, awareness & presence

## How to find me







look for the first single  
file traffic road sign on  
Fernbank road



opposite to the first single file  
traffic road sign on Fernbank road,  
turn to the little lane where the  
red arrow is pointing





tada.... you found me 😊





Please close the gate when you are in and follow the tree bark's footpath. Thank you ☺